

Meet Our Physical Therapists

Boundary Community Hospital in Bonners Ferry, ID



Petra Timmermans, PT, Manager of Rehabilitation, received her physical therapy training in the Netherlands. Her career accomplishments include establishing and managing the Rehab department in a 2700-bed facility in Germany, participating in a private practice in Washington D.C. and joining the Boundary Community Hospital in 2001. Petra specializes in stroke rehabilitation, treatment of post-surgical hip, knee and shoulder treatments along with general orthopedic, neurologic, cardiovascular conditions and lymphedema treatment. Petra's philosophy is *"I believe that life always offers room for improvement."*

Didier Balcaen, PT, Certified MDT received his Bachelor's degree in physical therapy in Belgium in 1991. After working as a traveling physical therapist for twelve years throughout Europe and the United States, Didier joined the Boundary Community Hospital. His expertise in treating the spine and extremities utilizing the McKenzie method is a great asset to the Rehab department. Didier's philosophy is *"If it is important to you, you will find a way. If not, you will find an excuse. I strongly believe in the active participation of the patient in his or her treatment while minimizing the use of passive intervention."*



Jeff Petersen, PT, DPT has been a physical therapist for almost eight years and joined Boundary Community Hospital two years ago. Jeff enjoys working with post-surgery orthopedic patients; he also works with middle and high school patients assisting in recovery to pre-injury athletic status. Jeff continues his education in many areas of rehabilitation and his philosophy is *"I've always believed that if you put in the work, the results will come."*

Jessica Seaburg, PT, DPT, OCS began practicing as a Doctor of Physical Therapy in 2012. She excels in orthopedic care and is a Board-Certified Clinical Specialist in Orthopedic Physical Therapy (OCS). She is an expert at restoring functional movement and prescribing effective therapeutic exercises. Jessica also offers Functional Dry Needling and instrument-assisted soft tissue mobilization. She has advanced training in treating dizziness (vestibular rehabilitation) and balance impairments. She is continually learning through continuing education to better serve each patient. Jessica's philosophy is *"If you can move better, you will feel and perform better!"*



Tammy (Talma) Edge, PTA. Boundary Community Hospital is fortunate to have Tammy's 20+ years of neuro rehab, long term care, aquatic therapy and outpatient rehab experience. As a licensed physical therapist assistant, Tammy has faced many challenges and rewards for her work. Her continuing education keeps her practice up-to-date and she is an invaluable resource for the Rehab department. *"Always remember your health is your wealth!"* counsels Tammy.

To schedule an appointment call: (208) 267-3141, Ext. 4276.



6640 Kaniksu Street, Bonners Ferry, ID 83805
Phone (208) 267-3141 ext. 4276
Fax (208) 267-1747
www.boundarycommunityhospital.org

Rehabilitation Services

- Physical Therapy
 - Occupational Therapy
 - Speech Therapy
 - State-of-the-Art Equipment
 - Bonners Ferry Location
- Inpatient Post-Acute Care**
Outpatient by Appointment