

**ISSUE #10**  
**OCTOBER, 2023**

# SPARK NOTES

Welcome to SPARK Notes, your local BCH employee monthly newsletter. At SPARK notes, you can expect to find all of the latest happenings in your local community; both inside and outside of the hospital doors.

“After the keen still days of September, the October sun filled the earth with mellow warmth.”  
— Elizabeth George Speare

If you would like your department events, news, family photos, pets, etc, to be featured in the employee newsletter, please email them to [elizabeth.l@BCCH.org](mailto:elizabeth.l@BCCH.org)



*Thanh Widner*  
PHOTOGRAPHY

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# What Does it Mean to Be a SPARK?

As soon as you become a Boundary Community Hospital employee, you become a SPARK. As a SPARK, you hold an important responsibility to be the best version of yourself that you can be. In return, you are able to have great relationships in both your work life and your social life. You will begin to see yourself grow in many different areas. At BCH we believe in these key values that each of us as SPARKS demonstrate:

**I.....INTEGRITY**  
**C.....COMPASSION**  
**S.....STEWARDSHIP**  
**P.....PROFESSIONALISM**  
**A.....ACCOUNTABILITY**  
**R.....RESPECT**  
**K.....KNOWLEDGE**



# ***The Importance of Sparkle Cards***

As a BCH employee, you have likely seen Sparkle Cards in various locations around the building. We like to encourage staff members to highlight one another for the good work being done at our hospital. You can point out coworkers from the same department as you or within other departments. Sparkle moments happen when employees display small acts of kindness or extra responsibility as well as showcasing our BCH values.

Moving forward, our Spark of the Month will be chosen by employees filling out Sparkle Cards for one another. Thank you so much to those of you who are filling out Sparkle Cards and handing them in, so that we can properly thank and recognize our employees for going above and beyond in making our hospital a fabulous place to work!

A template for a 'Sparkle Moment' card. The background features a dark grey area with a bright, multi-colored sparkler burst on the right side. Scattered throughout are several translucent, multi-colored hexagons in shades of pink, green, and blue. The title 'Sparkle Moment' is written in a large, elegant, black cursive font at the top. Below the title, there is a white rectangular area containing a form. The form has three sections: the first section is labeled 'Employee Name' followed by a horizontal line; the second section is labeled 'Date' followed by a horizontal line; the third section is labeled 'How did they shine?' followed by three horizontal lines. At the bottom right of the white area, there is a horizontal line labeled 'Signed'.

Please email information to [elizabeth.l@bcch.org](mailto:elizabeth.l@bcch.org) or return physical Sparkle cards to Liz Lorden in Human Resources.

Thank you!

# **BOUNDARY** Community Hospital **DIAMOND AWARD**



Two times per year, Boundary Community Hospital awards a unique individual to be the Diamond Award winner. Recipients of this award go above and beyond each day to care for their patients, their coworkers and their community.

**Alison Swanson**, Physical Therapist at BCH is the Diamond Award winner for October 2023 for always going above and beyond when it comes to patient care. Alison recently displayed tremendous compassion by taking the time to listen to a patient and accommodate their desire to get outside and get some fresh air during their therapy time. Taking this extra step to meet the patient's needs profoundly improved their mental state and increased their participation in the healing process. Thank you, Ali for going the extra mile to care for our community!

# SPARKLE MOMENTS



-CJ McVeigh-

CJ helped with the room cleaning after we had to move two residents. He did it with a GREAT attitude. Thanks CJ!!

-Lilly Merritt-

Activities newest employee has been a wonderful addition, jumping right into work. She hears people's needs and is quick to fill it. Welcome Lilly!

-Karina Lopez-Perez-

For offering to help another housekeeper. And she has been doing an excellent job in ACC&ECF!

-Kris Holdren-

For always doing an excellent job. Such a hard worker and ALWAYS goes the extra mile to help out the CNA's. You are an Angel!!

-Cheryl Myers-

For voluntarily coming in on her day off because of EVS being short-handed. Thank you, Cheryl!

-Chris C.-

For being an excellent employee. No matter how busy, Chris will always help you within a minute. He would be an excellent Doctor as he has a great bedside manner. Too many good qualities to list!

# SPARKLE MOMENTS



-IT Department-  
For working so hard on our printer installation. It was an important project and so appreciated by the team. Thank you!!

-Reese Maynard-  
Reese patiently helped the EVS department navigate the Paycom system. He went above & beyond. Thank you, Reese- you are Awesome!

-Karina Lopez-Perez-  
Is the perfect example for showing a patient compassion when she stopped him from falling out in the entrance and assisted him to the HUC desk. Way to go, Karina!

-Jef Davis-  
Jeff has stepped up in helping us out in the kitchen while we've been staff challenged. He has helped us by delivering carts, washing tables & always asking how he can help. We appreciate you, Jef!!

-CJ McVeigh-  
CJ has a phenomenal attitude. He has gone above and beyond to not only keep up his regular duties along with multiple other duties with the short staffing within that department, but also training new housekeepers. He does all of this with a smile on his face and a positive attitude. CJ is a ray of sunshine, and we want him to know how appreciated he is!

-Pete Cassidy-  
For thoroughly documenting a conscious sedation procedure. We greatly appreciate it when all of the documentation is present so we can code properly. Charting all of the info is very important and appreciated. Thank you, Pete!

# PROVIDER SPOTLIGHT

## DR. MICHAEL DIBENEDETTO



**Boundary Community Hospital is filled with talented doctors and providers. Among the talent is Doctor Michael DiBenedetto, one of the orthopedic surgeons who sees patients at BCH. Let's learn a little bit more about him!**

**Tell us a little bit about what you do:**

I am an orthopedic surgeon. I repair fractures & treat soft tissue injuries. With our aging population I find myself repairing/reconstructing painful, worn-out joints.

**How long have you been a doctor?**

I graduated from Ohio State University with an MD Degree in 1985. I completed my surgery residency in 1990.

**What is your favorite procedure to perform?**

I have always enjoyed fixing hand fractures; however, I enjoy all of the surgeries I perform.

**Did you always know you wanted to be a doctor?**

As an adolescent, I had a bone tumor removed from my knee, I desired to be an orthopedic surgeon since then. Orthopedics is rarely repetitive; it is highly mechanical and great fun.

**What are some of your favorite hobbies?**

I love cooking and gardening, my family has always enjoyed outdoor adventure like biking, hiking and skiing!

**How long have you lived in North Idaho and what brought you here?**

We moved here in 2002- we desired a rural lifestyle, excellent outdoor adventure options and a climate I could grow tomatoes!

**Thank you for all that you do, Dr. D!**



Thank you to everybody who participated in the 2023 pumpkin decorating contest. There is so much fun, and creativity spread among our employees throughout the hospital. It was very fun to see!



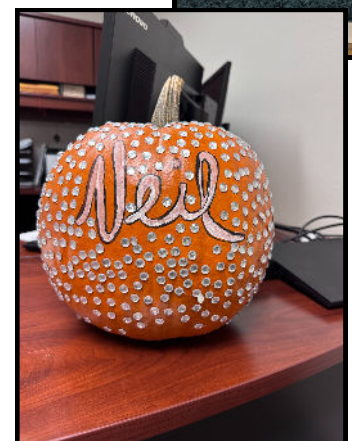
**Winner- Diagnostic Imaging  
"Pumpkin graveyard"**



**Runner up- Lab  
"Spooky Mario"**



**Runner up- Clinic  
"Cinderella's carriage"**





# GOOD CATCH

Boundary Community Hospital proudly participates in the Good Catch Program. Employees are encouraged to take a stand and prevent patient harm, whenever a situation arises.



This month, Sheila LaSavage and Karina Lopez-Perez performed good catches during one of their shifts. Thank you so much for your diligence to safety. Great job, Ladies!!



# November 11th<sup>3</sup> OPEN HOUSE

10 am-Noon

6641 Kaniksu St.  
Bonners Ferry, ID

Family Medicine | Behavioral Health | VA Urgent Care

OPEN TO THE PUBLIC

*Meet our  
Providers and  
Welcome our  
New Physician!*

Free blood pressure checks,  
refreshments, snacks, and more.



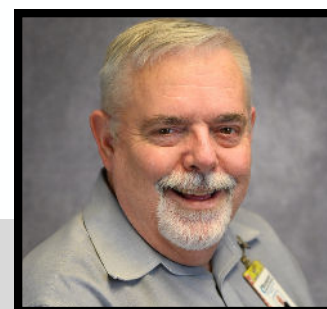
Kyle Robins, DO



Sunshine Bartlett  
MSN, PMHNP



Van Stonehocker, PA-C



James Lathrop, DNP-C

**Caring for our Community Every Day**

Call (208) 267-3655 for more information.



# THANK YOU

**TO ALL OF THE STAFF MEMBERS AND DEPARTMENTS  
THAT WORE PINK IN SUPPORT OF BREAST CANCER  
AWARENESS.**





# BLOOD DRIVE

Because of you, life doesn't stop.



## BOUNDARY COMMUNITY HOSPITAL

**Tuesday November 7th on  
the bus at the hospital  
from 12:00-4:00PM**

**We are in need of 27  
donors to keep a safe  
blood supply. To sign up  
Scan QR code or reach out  
to Mary Wade.**

Donate for  
a chance  
to win 1 of 5  
**\$5,000 prepaid  
gift cards.**



**APPOINTMENTS**  
are encouraged.



Ask us how you can  
**POWER UP** your donation.

**To make an appointment:**

**SCAN QR**  
code or visit  
**Vitalant.org**



**CALL**  
877-258-4825  
877-25-VITAL



Use the  
**VITALANT  
DONOR APP**



**vitalant**  
Blood Donation

# Fry Healthcare Foundation

# FESTIVAL OF TREES

**November 27th - December 15th**

**Our trees are bare! Help Us Decorate and Make a Difference!**

**You're invited to join the festive fun at the Festival of Trees, where holiday magic meets community generosity!**

## **Why Support the Fry Healthcare Foundation?**

Your donations directly impact our local healthcare. By supporting us, you're investing in a healthier community. Local engagement leads to mutual growth - we all thrive together!

## **What's Happening?**

Hospital departments are in a friendly competition to create the most dazzling trees. Each department has a unique theme.

They need YOUR help to make their tree the best!

## **Win Big for Your Favorite Department!**

The department with the most successful tree wins \$1,000!

This prize goes towards new equipment for their department.

## **How Can You Get Involved?**

- Donate gifts to place under the trees.
- Support your favorite department's tree with your donations.
- Enjoy the festive atmosphere and creativity on display.

## **Join the Silent Auction**

These beautifully decorated trees will be up for auction November 27th-December 15th.

Open to both employees and the public.

Auction closes December 15th at 1 pm.

Let's come together, spread holiday joy, and support the Fry Healthcare Foundation!

Mark your calendar, bring your family, and be part of the magic!

**For more information**

**danielle.l@bcch.org or (208)267-6912**





# GRIEF SHARE- BONNERS FERRY

**Open session for grief and loss of a loved one.**

**“Getting Through the Holidays”**

When: Thursday, November 9th, 2023

Where: **Community Thrift Center**

6778 Main Street

Bonnors Ferry, Idaho 83805

No Fees, Free workbook provided.

Call to register:

Randy Parker: (949)563-0003

Or

Nikko Hess: (916) 205-1008

**DROP-INS WELCOME**



# NOVEMBER

S	M	T	W	T	F	S
			1	2	3	4 BCH Adopt-A- Highway
5	6 Open Benefit enrollment begins	7 →	8	9	10	11 BCC Open House
12	13	14	15	16	17	18 →
19	20	21	22	23 Thanksgiving Day →	24 Open Benefit enrollment ends	25
26	27	28	29	30		