

## ISSUE #15

## MAY IN REVIEW

Welcome to SPARK Notes, your local BCH employee monthly newsletter. At SPARK notes, you can expect to find all of the latest happenings in your local community; both inside and outside of the hospital doors.

If you would like your department events, news, family photos, pets, etc, to be featured in the employee newsletter, please email them to [elizabeth.l@BCCH.org](mailto:elizabeth.l@BCCH.org)

April showers  
bring May  
flowers.





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# An Important Reminder....

## Badge Reminder:

Our employee badges are not only used for identification purposes but also a safety and access feature. If you lose your ID badge, please notify HR as soon as possible so we can deactivate the access to the hospital. We do not want a found badge to be used by unauthorized persons who can then enter the hospital and restricted areas at any time. If you forget your badge at home one day, please see a member of HR to receive a temporary badge for that day. If you have forgotten your badge, please do not leave doors propped open as a means to access the building.

If your badge is damaged or not working, please contact Cassy to get a new one.

Thank you for your help in keeping us all safe.



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## Parking Reminder:

Please remember that the new BCH parking policy takes effect on June 1st, 2024. All employees are expected to utilize the proper parking spaces to which their new parking sticker corresponds.

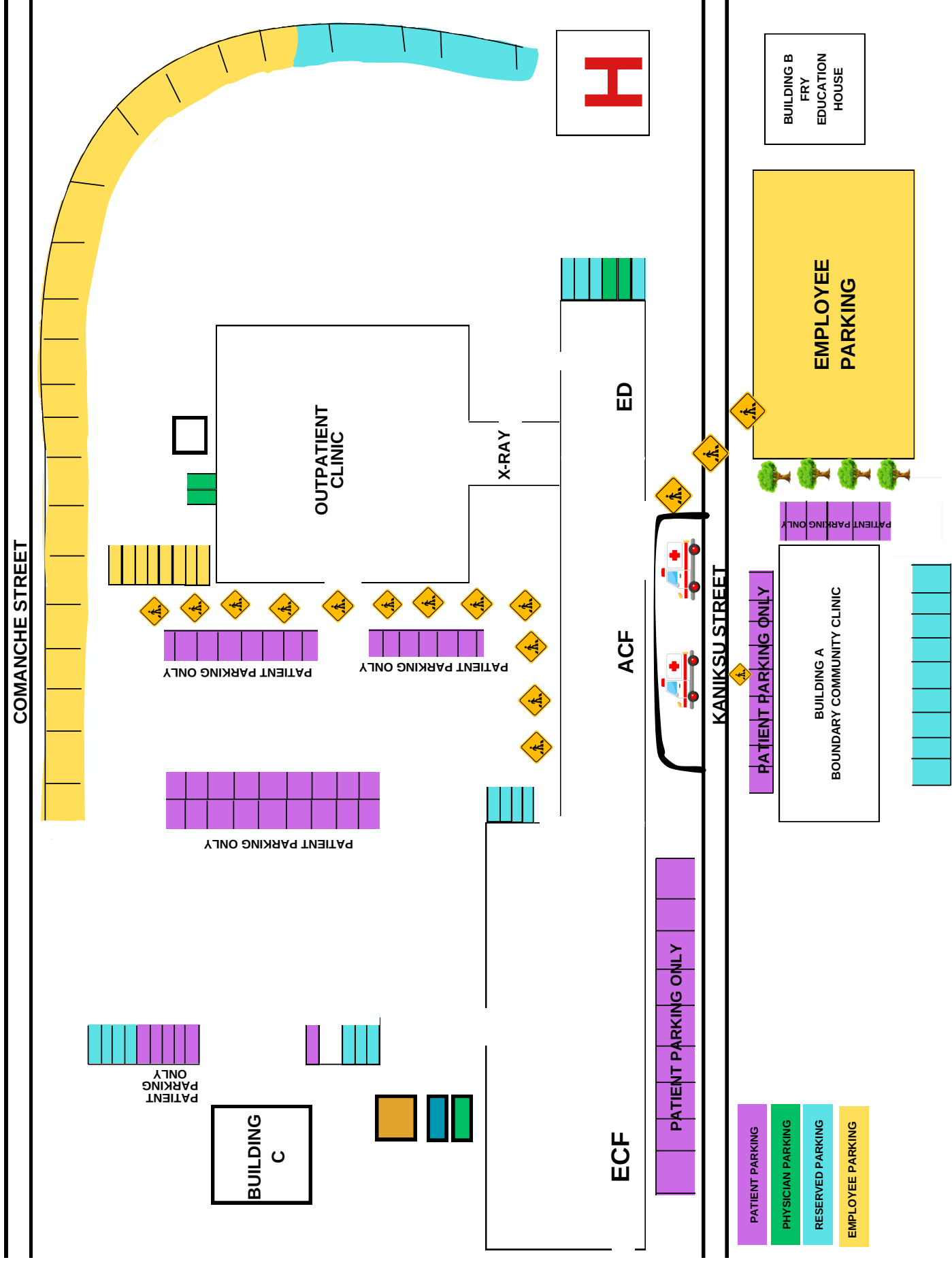
Two parking spaces are specifically reserved for the Spark of the Month and the Diamond Award winner. They are both located right outside of the staff cafeteria. Unless you have a parking certificate for one of those spots, please find another place to park. If you tend to utilize designated handicapped parking spaces, please ensure that you have your pass visible.

If you have any question about parking possibilities- please see the facility map on the next page or for further questions, please email Christine McNair at [christine.m@bcch.org](mailto:christine.m@bcch.org). Thank you all for your cooperation in ensuring our facility runs as smoothly as possible.





# BCH Campus Parking Map






# PSA...



## Social Engineering

Social Engineering is an attempt to trick someone into revealing information (e.g., a password) that can be used to attack systems or networks or taking an action (e.g., clicking a link, opening a document).

QUICK TIPS TO AVOID INFECTION	KNOW THE RISK
<div><p><b>Be suspicious</b> of emails from unknown senders, emails that request sensitive information such as PHI or PII, or emails that include a call to action that stresses urgency or importance.</p></div> <div><p><b>Never</b> open email attachments from unknown senders.</p></div> <div><p><b>Implement incident response plans</b> to manage successful phishing attacks.</p></div> <div><p><b>Implement</b> multi-factor authentication (MFA).</p></div>	<p><b>Healthcare</b> had the highest cost per data breach in 2022.</p> <div></div> <h2>\$4.91M</h2> <p>the average cost of a single data breach</p>

## Prevention is the best medicine.

Check out the [Prescription Series Posters](#) to learn how you can prevent Social Engineering attacks.

Presented in [Technical Volumes 1 and 2 of HICP](#), the ten Cybersecurity Practices range from personnel training and awareness to the development and implementation of new processes, the acquisition and customization of new technology, and, ultimately, to fostering a consistent, robust, and continually updated approach to cybersecurity.



**HHS 405(d)**  
Aligning Health Care  
Industry Security Approaches

To learn more about how you can protect your patients from cyber threats check out the [Health Industry Cybersecurity Practices: Managing Threats and Protecting Patients](#) publication. Check out the available resources 405(d) has to offer by visiting our website at [405d.hhs.gov](https://405d.hhs.gov) or our social media pages: @ask405d on Facebook, Twitter, LinkedIn and Instagram!



# NEW CAFÉ COMING SOON...

We look forward to welcoming Thomas Cuisine onboard this Summer as our partner in Nutrition Services. More information such as grand opening date, café hours, and menu will be coming shortly. In addition, thank you to all staff who participated in the contest to name our new café. The name that was chosen came from a variety of staff members discussing possibilities. So, while no one person or department can be credited with the new name (which will also be revealed shortly) we will all reap the benefits of eating delicious food in our new café.





# WHAT DOES IT MEAN TO BE A SPARK?

As soon as you become a Boundary Community Hospital employee, you become a SPARK. As a SPARK, you hold an important responsibility to be the best version of yourself that you can be. In return, you are able to have great relationships in both your work life and your social life. You will begin to see yourself grow in many different areas. At BCH we believe in these key values that each of us as SPARKS demonstrate:

**I....INTEGRITY**  
**C....COMPASSION**  
**S....STEWARDSHIP**  
**P....PROFESSIONALISM**  
**A....ACCOUNTABILITY**  
**R....RESPECT**  
**K....KNOWLEDGE**

# *Spark of the Month*

## *May*

### *Tina Allen*



**Tina consistently provides Boundary Community Clinics with continuous laughter and positive energy each and every day. She is always able to find something to help those around her laugh about. Her uplifting spirit and compassion for her coworkers and patients brings calmness even in the highest stress situations. Tina's willingness to learn and listen to those around her is part of what makes her a great leader.**

**Thank you for all that you do!**



# Sparkle Moments

## **Hanna Franck-**

Clean up on aisle 5...

When asked to do something that wasn't the most fun thing she responded with "I would love to do that for you."

Thank you!

-Alana Temple

## **Wendy Pope-**

Wendy is always willing to go above and beyond supporting other departments, new projects and educating. She is a wealth of knowledge and a great manager. Thanks Wendy!

-Linda M.

## **Danielle Larsson-**

The Health Fair and Fun Run is a big event with a ton of moving parts. Danielle paves the way seamlessly with grace and confidence. Great job leading such a big and successful event that gets better every year!

-Liz L.

## **Jordyn Wilkinson-**

For staying over to help in a busy ER shift resulting in a 16-hour shift without complaint. I appreciate you!

-Alana Temple

## **Maintenance Team-**

Awesome job with the Health Fair and Fun Run. It couldn't have been so successful without all of your heavy lifting, moving and hard work. You guys are the best!

-Liz L.

## **Grant Heald-**

Grant spent time with a patient and their family educating them on blood products, the process and how we can support them best. He gave a great bit of his knowledge. They were grateful and impressed!!

Thanks Grant!

-Linda M.

## **Christine McNair-**

Christine has been an awesome addition to have on our BCH team! She has taken on and helped implement some big projects already. She is so friendly and goes out of her way to make sure people are being helped and heard. Christine you're awesome!!

-Liz L.

## MAY Employment Anniversaries

Thank you for your dedication and commitment to our Community Hospital. Providing outstanding care would not be possible without each and every employee that shows up to work every day, ready to make a difference. Your work is appreciated and does not go unnoticed.

THANK YOU!!!

Jed Bateman	2011
April Bennett	2008
Shane Bidwell	2020
Audrey Buck	2022
Mandi DeKubber	2023
Gary Hull	2019
Jamie Osborne	2018
Ashley Schalock	2019
Lynn Stone	2023
Alison Swanson	2022

## New Employees

Thank you for joining the BCH Team! Don't forget to say hello and introduce yourself to our new employees.

Marci Jennings- Revenue Cycle Director

Gabby Brown- Accounting Clerk

Cloei Rice- CNA/ECF

Isabelle Berecz- Med/Surg

Rene Trevino- CNA/ECF

Brooke Torgerson-Surgery

Elle Wirick- PT

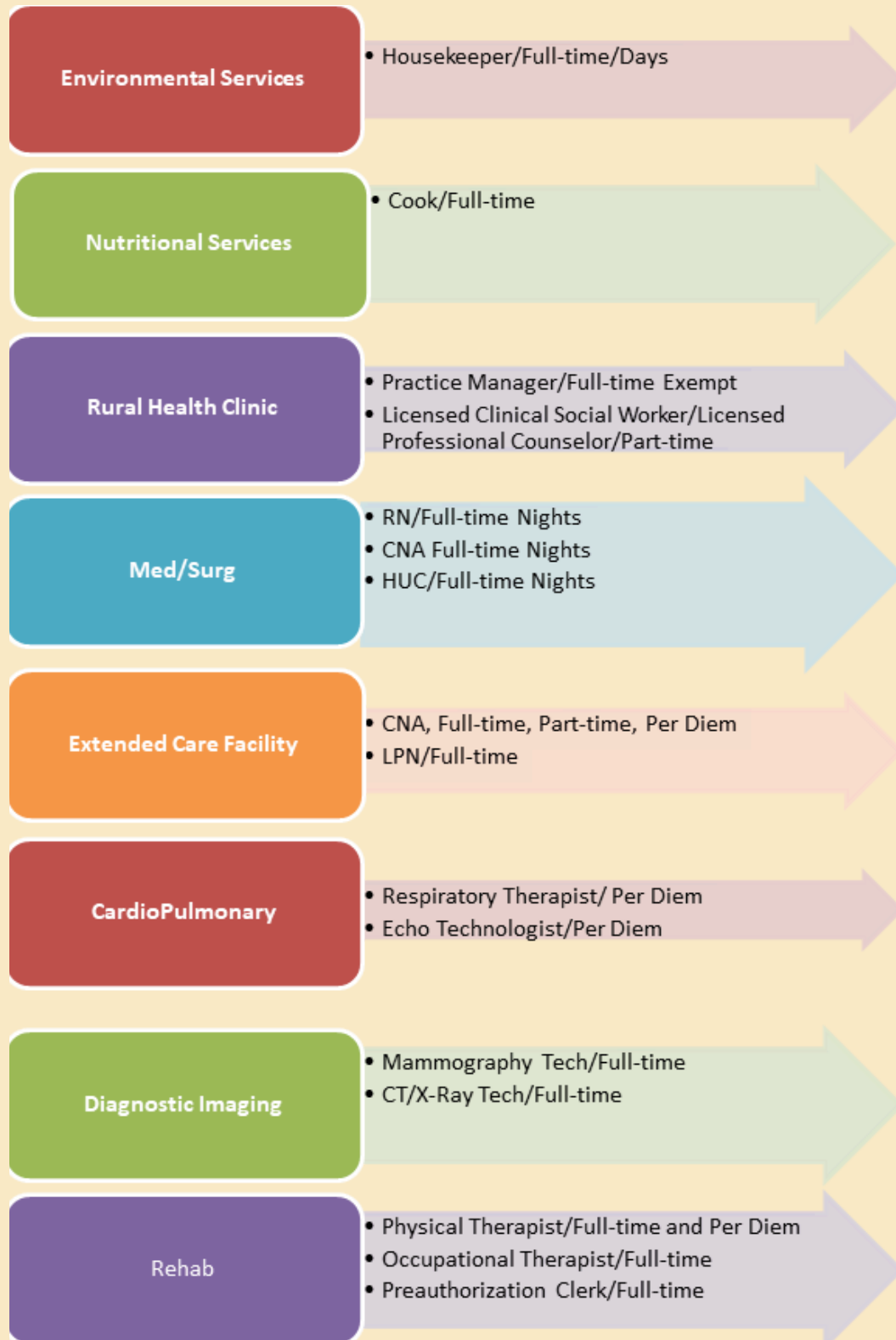


# BE IN THE KNOW...

## BCH Job Openings

Whether you are looking to transfer internally or have a friend/ family member looking for a job- it is important to be informed of current positions in our community! Here is a list of current job opportunities at BCH.

\*Note-positions are subject to change. For the most accurate description of our job openings, please see a member of HR and visit the official BCH Website.



# SCHOLARSHIP OPPORTUNITY!



Don't forget about our Children of Healthcare Heroes scholarship! The Children of Healthcare Heroes is a scholarship designed for the children of BCH staff members who are graduating from high school and planning on pursuing healthcare related education. Award recipients will be eligible for a \$500 scholarship to use for post-secondary education expenses. To be considered for an award applicants must submit an essay to Jenn Capodagli no later than June 3, 2024. The essay topic is, "How I will use this scholarship to better myself and the rural community I grew up in." Essays can be hand delivered by parents or emailed to [jennifer.c@bcch.org](mailto:jennifer.c@bcch.org). There are two \$500 awards available. Award recipients will be selected by both the BCH Executive Team and the Fry Healthcare Board.

# DON'T FORGET YOUR BCH VEST!



BCH in partnership with the logo shop at Far North is offering current staff members an opportunity to pick out a vest with the BCH logo on it. Sample vests will be displayed in the Large Conference Room starting on Friday, May 17th. Come by and see what they look like. The process of ordering your vest looks like this:

- Go to the logo shop between May 20th and June 21st to place your order. You will be able to select the size and select a color. Color options are blue, charcoal, white, and black. Please make sure to visit between Mondays-Thursdays from 9am-4:30pm and ask for Karrie, she will have a list of all employees and will be able to assist you with your order. You will need your badge with you.
- All items will be ordered on or slightly after 6/21. Once the logo shop receives the order each vest will be embroidered with our BCH logo and then delivered to the hospital for distribution.

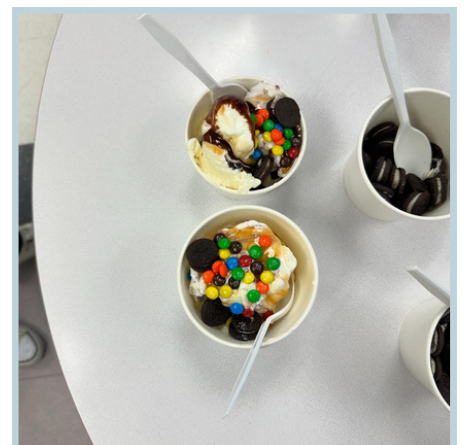
Please make sure to visit the logo shop before 6/21. Unfortunately, we will not be able to place any late orders. BCH will cover the cost of one vest per staff member.

-April Bennett



# HOSPITAL WEEK RECAP

Hospital Week 2024 is behind us, and we hope that all of our wonderful staff at BCH felt valued and appreciated- because you are!





# Gift Giveaway

The gift drawing during the Service Award Ceremony was a smashing success! Thank you to those who donated and to those who attended the ceremony.

Here is a list of the gifts and who they were from:

\$25 Amazon Gift Card- Daniel Hilden  
Coleman Cooler- Jenn Capodagli  
Bird Bath- Chinna McKechnie  
Birch Planters & Under the Sun gift card- Linda Manley  
Sugar Plum Floral gift card- Bryce Cordle  
Hydro Flasks- Executive Team  
Firefly Lights- Executive Team  
\$25 Far North gift card- Grant Heald  
Squash Planter- Tari Yourzek  
Far North sweatshirt- Michelle Mellem  
Inflatable Loungers- Executive Team  
Camping Hammocks- Executive Team  
\$25 Far North Gift Card- Melanie Helms  
Bluetooth Speakers- Executive Team  
FroYo gift card- Kim Vande Vegte  
Sun Dial- April Bennett  
Flower Basket- Wendy Pope  
Flower Pot- Tari Yourzek  
\$25 Far North Gift Card- Bryce Cordle  
Folding table and petunias- Liz Lorden  
Blue flower pot with plant- April Bennett  
Hanging Baskets- Gina Gallette  
S'more Set- Tami Corsi





# ***FUN RUN & HEALTH FAIR A SUCCESS***



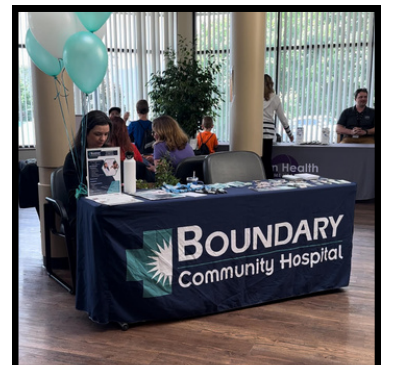
Boundary Community Hospital is thrilled to announce the success of its annual Health Fair and Fun Run, held on Saturday, May 18th. The event drew an impressive crowd of over 175 participants, showcasing the community's strong commitment to healthy living.

## **A Day of Fun and Wellness**

The event offered activities for the whole family. The Super Hero Fun Run, featuring 3K, 5K, and 10K options, saw enthusiastic runners and walkers of all ages dressed in their favorite superhero attire.

Local health agencies participated in the health fair, providing valuable information and resources on a wide range of health and wellness topics. A highlight was Life Flight landing their helicopter, allowing attendees to witness their lifesaving capabilities firsthand. Hospital departments were also present, offering insights into their services and the recently expanded offerings in cardiopulmonary care, physical therapy, and specialty clinics like general and orthopedic surgery.

BCH extends its heartfelt gratitude to The Fry Healthcare Foundation, Molina Healthcare, Eden Health, Syringa Family Partnership, and Bonner General Hospice for their generous sponsorship of the Fun Run shirts. Their support enabled free participation for all, ensuring accessibility for the entire community.





# Adopt-A-Highway

BCH has officially adopted the two-mile section of highway between Mirror Lake Golf Course and Boundary Tractor. We hope to have two trash collecting days per year; one in the spring and one in the fall. Thanks to everyone who was able to come out and we look forward to the next one!





# Kid's Grief Camp

for children 8-17 years old

JUNE 17 & 18 2024  
9A - 5:30P

A DAY CAMP EXPERIENCE  
AT PINE STREET WOODS

APPLICATION DUE JUNE 3, 2024



## HELPING CHILDREN COPE WITH GRIEF

A YOUNG PERSON MAY NOT REALIZE THE FEELINGS THEY EXPERIENCE AT DIFFERENT TIMES DURING THE GRIEVING PROCESS ARE COMMON, NATURAL AND NORMAL.

### THE OBJECTIVES OF CAMP ARE:

- FOR YOUNG PEOPLE TO MEET OTHER BOYS AND GIRLS THEIR OWN AGE WHO HAVE EXPERIENCED THE LOSS OF A LOVED ONE
- TO RECOGNIZE THEIR FEARS AND CONCERNS AND LEARN SKILLS TO COPE
- TO RUN, PLAY, LAUGH AND HAVE A GOOD TIME BEING TOGETHER

BY MEETING OTHERS LIKE THEMSELVES, THE KIDS DISCOVER THEY SHARE THE SAME FEELINGS AND THOSE FEELINGS ARE NORMAL.

CAMP ACTIVITIES ARE SUPERVISED BY TRAINED ADULTS AND GEARED TO THE AGE LEVEL OF CAMPERS. TIME IS ALLOCATED FOR GAMES, ARTS AND CRAFTS, SING-A-LONGS AND SHARING.



WE LISTEN . . . TO THE FEELINGS OF GRIEF,  
WE SHARE . . . THE SADNESS,  
WE UNDERSTAND . . . THE FEELINGS OF LONELINESS  
WE CAN HELP . . . THE HEALING BEGIN!



FOR INFORMATION AND APPLICATION:  
COURTNEY KRUSE (208) 265-1179

CAMP IS OFFERED FREE OF CHARGE TO BONNER  
AND BOUNDARY COUNTY YOUTH.



# JUNE

MON	TUE	WED	THU	FRI	SAT	SUN
					1	2
3	4	5	6	7	8	9
				ECF Bake Sale- 10:00 AM		
10	11	12	13	14	15	16
Men's Health Week	<div> <div></div> <div></div> <div></div> <div></div> <div></div> </div>					
		Father's Day BBQ ECF 12:00 PM	<div> <div>CNA WEEK</div> <div></div> <div></div> <div></div> <div></div> </div>			
17	18	19	20	21	22	23
Health Risk Management Week	<div> <div></div> <div></div> <div></div> <div></div> </div>					
24	25	26	27	28	29	30
Midsummers Day ECF						